

2022 LONDON RIGHTS GUIDE

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FICTION



Chamberlain, Lauryn

WHO WE ARE NOW: A Novel

Fiction | **Dutton Trade Paperback Original** | May 2023 | **UK & Translation Rights**

Agent: Allison Hunter @ Janklow & Nesbit | **Editor: Cassidy Sachs**

Status: manuscript available in August 2022



This is a novel of epic friendship. Four friends—two men and two women and all creative in some way—are in their last year at a liberal arts college, preparing to take their first steps into adulthood. Then they do. We follow them for fifteen years, through their twenties and thirties as their lives change and complicate, as do the ties between them. A meditation on life and friendships, WHO WE

ARE NOW looks at the way our early relationships encourage us forward and sometimes hold us back.

Lauryn Chamberlain was born and raised in Michigan. She studied journalism and French at Northwestern University and then moved to New York City, where she worked for several years as a journalist, freelance writer, and content strategist (sometimes simultaneously). She is the author of [Friends From Home](#) (Dutton, 2021). She currently lives in Toronto.



Jakobson, Haley

OLD ENOUGH

Fiction | **Dutton Hardcover** | July 2023 | **UK & Translation Rights**

Agent: Ayla Zuraw-Friedland @ Frances Goldin Literary Agency | **Editor: Pilar Garcia-Brown**

Status: manuscript available in September 2022



For fans of *One Last Stop* and *Queenie*, OLD ENOUGH is a coming-of-age novel about a bisexual college sophomore who is reveling in the joy of discovering and being embraced by a queer community—and nursing a face-burning crush on someone in her gender and sexuality class. At the same time, she’s grappling with the tumultuous history between her and her childhood best friend

and the promises they made to each other long before they realized how hard it would be to keep them.

[Haley Jakobson](#) is a queer writer who explores mental health and wellness, sexual trauma, and bodies in her work. She is the co-founder and Artistic Director of Brunch Theatre Company, an inclusive platform for emerging theatre artists. She lives in Brooklyn, New York, and OLD ENOUGH is her debut novel.



James, Holly

THE DÉJÀ GLITCH

Fiction | **Dutton Trade Paperback Original** | June 2023 | **UK & Translation Rights**

Agent: Melissa Edwards @ The Stonesong Press | **Editor: Cassidy Sachs**

Status: manuscript available in May 2022



THE DÉJÀ GLITCH is a lightly speculative upmarket feminist rom-com set in the sunny, but fast-paced world of the LA music scene. Gemma doesn’t know she’s in a time loop until she’s convinced by Jack, who has been stuck for months, and who believes that getting her to remember him is their only way

out. Holly James, in this fresh and exciting time loop story, has flipped the genre on its head with her brilliant writing and one-of-a-kind methodology.

Holly James, author of [Nothing But the Truth](#) (Dutton, 2022), holds a PhD in psychology and spent many years studying stress and physiology in a lab. She has worked in academic and medical settings and currently works in the tech industry.

Publishers of Nothing But the Truth:

Czech – Alpress

Russian – Public Joint Stock Co.



Rhine, A. D.

HORSES OF FIRE

Fiction | **Dutton Trade Paperback Original** | June 2023 | **UK & Translation Rights**

Agent: Shannon Hassan @ Marsal Lyon Literary | **Editor: Cassidy Sachs**

Status: manuscript available in May 2022



Troy is not just a legend born of myth and poetry, but a historical place where real people schemed and defended, loved and lost. Unlike other retellings, this duology explores the earlier days of the Trojan War, digging deep into the story of those trapped behind the city's walls. This Troy is not a playground of gods and goddesses, but a political and physical battleground where ordinary people and strong, yet misunderstood women take center stage.

A.D. Rhine is the pseudonym and debut venture of [Ashlee Cowles](#) and [Danielle Stinson](#). The authors, previously published in YA, are united by their military “brat” upbringing, childhood friendship spanning two decades, and love of classical literature. Ashlee holds degrees in the Ethics of War and Peace from Duke University and History from the University of St. Andrews. Danielle holds an MALD from the Fletcher School of Law and Diplomacy.

NONFICTION

HISTORY, PHILOSOPHY, PSYCHOLOGY, SCIENCE



Brown, Sarah

THE HIDDEN LANGUAGE OF CATS

Science/Pets | **Dutton Hardcover** | June 2023 | **UK & Translation Rights**

Agent: Alice Martell @ The Martell Agency | **Editor: Stephen Morrow**

Status: manuscript available in July 2022



THE HIDDEN LANGUAGE OF CATS looks at how these once-solitary animals learned, over the course of domestication, to communicate, not only with each other, but also with a whole different species – humans. Exploring new scientific discoveries by the author, a cat behavior scientist, readers learn how cats supplemented their original scent-based language with new movements and sounds designed for life alongside humans and other cats. In addition to developing striking new tail signals not seen in other cat species, domestic cats have also learned to mimic the cries of a human infant in the iconic meow. THE HIDDEN LANGUAGE OF CATS delves into this wholly feline invention for conversing with people, and so much more.

Dr. Sarah Brown is a professional cat behaviorist and has studied the cat-human relationship for over 30 years. As one of the founding members of the Anthrozoology Institute, based at the University of Southampton, she studied the behavior of domestic pets and their interactions with owners. She has received a PhD on the social behavior of domestic cats, conducted research for the UK's leading cat charity, and worked as an independent cat behavior counselor and consultant. Dr. Brown authored [The Cat: A Natural and Cultural History](#) (Princeton University Press, 2020), which has been published in four countries. In addition, she cowrote [The Behavior of the Domestic Cat](#) (CABI, 2012) with Dr. John Bradshaw and Dr. Rachel Casey.



Hu, Elise

FLAWLESS: Lessons in Looks & Culture from the K-Beauty Capital

Social Science | **Dutton Hardcover** | May 2023 | **UK & Translation Rights**

Agent: Howard Yoon @ Ross Yoon Agency | **Editor: Cassidy Sachs**

Status: manuscript available in August 2022



A cutting-edge journalistic exposé of self-care consumerism, using the extreme case South Korea to both celebrate the astounding growth of K-Beauty and South Korean pop culture as a global export and examine the dark implications for women in a looks-obsessed patriarchy, in a debut that asks the question: What is the future of beauty?

[Elise Hu](#) is a correspondent and host at-large for NPR, the American news network; and since April 2020, the inaugural host of *TED Talks Daily*, the daily podcast from TED that's downloaded a million times a day in all countries of the world. For three years, she was the NPR bureau chief responsible for coverage of North Korea, South Korea, and Japan. Her work has earned a DuPont Columbia Award, a Gannett Foundation Award for Innovation in Watchdog Journalism, a National Edward R. Murrow award, and beat-reporting awards from the Texas Associated Press. She lives in Los Angeles with her three daughters.



Marian, Viorica

THE POWER OF LANGUAGE: How the Codes We Use to Think, Speak, and Work Transform Our Mind

Psychology/Linguistics | **Dutton Hardcover** | April 2023 | **UK & Translation Rights**

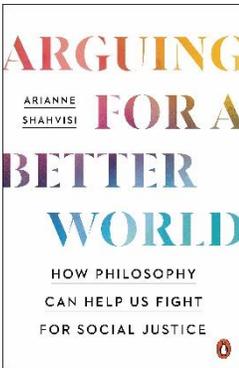
Agent: Giles Anderson @ Anderson Literary | **Editor: Stephen Morrow**

Status: manuscript available in May 2022



THE POWER OF LANGUAGE is a book about an under-appreciated human skill: the ability to learn languages. Dr. Marian uses her own extensive research in psycholinguistics to share the scientifically proven benefits of learning new languages—which include improvements in creativity, brain health, and self-control—and investigates how we can best use our amazing natural abilities with languages to benefit ourselves and the world.

Viorica Marian is the Ralph and Jean Sundin Endowed Professor of Communication Sciences and Disorders and Professor of Psychology at Northwestern University. Since 2000, Marian has directed the [Northwestern University Bilingualism and Psycholinguistics Research Lab](#), receiving over \$3.5 million in research funding. She also currently serves as Chair of the National Institutes of Health Study Section on Language and Communication. She has published over one hundred peer-reviewed articles and book chapters and given over three hundred presentations on the cognitive, neural, and linguistic consequences of bilingualism, multilingualism, and linguistic diversity. In addition to scientific papers, Marian writes popular science articles that have appeared in [Scientific American](#), [Psychology Today](#), [The Hill](#), [Medium](#), [Latino USA](#), [Los Angeles Review of Books](#), [Chicago Tribune](#), and others. Her work has been featured in hundreds of media outlets around the world, including [NPR](#), [PBS](#), [BBC](#), and [NBC](#). Marian is a native speaker of Romanian, a native-like speaker of Russian, a fluent speaker of English, and has studied or conducted research with a variety of other languages, including American Sign Language, Cantonese, Dutch, French, German, Mandarin, Spanish, Thai, Ukrainian, and others.



Shahvisi, Arianne

ARGUING FOR A BETTER WORLD: How Philosophy Can Help Us Fight for Social Justice

Philosophy | **Penguin Trade Paperback Original** | January 2023 | **Translation Rights**

Agent: Jessica Papin @ Dystel, Goderich & Bourret | **Editor: Emily Wunderlich**

Status: proposal available; manuscript available in May 2022



This is an accessible and entertaining guidebook to the logic and philosophy of social justice. Moral philosopher Arianne Shahvisi shows readers how to use the tools of philosophy to identify and understand the assumptions underlying our positions on important issues—and, ultimately, how to persuade others that we’re right. Drawing on a broad range of case studies, Shahvisi argues that whether we call it “political correctness,” “wokeness,” or just a new set of manners for a changing world, being sensitive to how we create and exchange knowledge is the right path to take—it promises liberation for all of us.

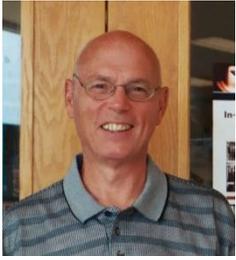
Arianne Shahvisi is a UK-based Kurdish-British writer and philosopher. She holds a doctorate in the philosophy of science from the University of Cambridge, is a [Senior Lecturer in Ethics at the Brighton and Sussex Medical School](#) and a fellow at the University of Oxford’s Ethox Centre; her research focuses on gender, race, and migration. She is a co-founder of the Arabic-English feminist journal *Kohl* and serves as an ethics consultant for Doctors Without Borders and as an advisor to the UK government on women’s health. Her research has been widely covered in international media, and she has written extensively on social justice issues for a lay audience. Her work has appeared in *Aeon*, [HuffPost](#), the [London Review of Books](#), [Prospect](#), [The New Statesman](#), and [Jacobin](#), among others.

Rights sold to:

UK & C – John Murray Press
Japanese – Kashiwashobo

Korean – Gyooyangin
Russian – Nyzhna Pomosh

Simp. Chinese – Golden Rose Books
Spanish – Urano



Wukovits, John

LOST AT SEA: A Tale of Courage and Faith in Troubling Times—Eddie Rickenbacker’s Twenty-Four Days Adrift in the Pacific

History | **Dutton Caliber Hardcover** | May 2023 | **UK & Translation Rights**

Agent: Sharon Hornfischer @ Hornfischer Literary Management | **Editor: Brent Howard**

Status: manuscript available in June 2022



Eddie Rickenbacker was a genuine icon—a pioneer of aviation he was considered the greatest fighter pilot of World War I, was a recipient of the Medal of Honor and had retired to become a renowned race car driver. In his 50s, he served his nation again in World War II, riding high above the Pacific as a passenger aboard a B-17. But soon, the plane was forced to crash land on the ocean surface, leaving its 8 occupants adrift in tiny rubber life rafts, hundreds of miles from the nearest speck of land. Lacking fresh water and with precious little food, the men faced days of unrelenting sun and nights shivering in the cold, fighting pangs of hunger, exhaustion, and thirst, all while circled by sharks. Using survivors’ accounts and contemporary records, award-winning author John Wukovits brings to life a gripping tale of survivor, leadership, and faith in a time of crisis.

[John Wukovits](#) is a military expert and an authority on the Pacific Theater of World War II. His articles have appeared for such publications as *WWII History*, [Naval History](#), *World War II*, *The Journal of Military History*, *Naval War College Review*, and *Air Power History*.

HEALTH, HUMOR, POP CULTURE



Austerlitz, Saul

KIND OF A BIG DEAL

Pop Culture/Film | **Dutton Hardcover** | August 2023 | **UK Rights**

Agent: Laurie Abekemeier @ DeFiore & Company | **Editor: Jill Schwartzman**

Status: manuscript available in September 2022



A look behind the scenes at the making of *Anchorman*, its status as a legendary comedy, and its significance as sly commentary on feminism, the media, fragile masculinity, and 1970s nostalgia.

Saul Austerlitz is the author of five previous books, including [Generation Friends](#) (Dutton, 2019). His work has been published by [The Boston Globe](#), [The New York Times Magazine](#), [Esquire](#), [Rolling Stone](#), [Slate](#), and [the Los Angeles Times](#). He is a graduate of Yale and NYU’s Tisch School of the Arts, and is an adjunct professor of writing and comedy history at NYU.

Publisher of *Generation Friends*:

UK & C – Orion



King, Chrissy

THE BODY LIBERATION PROJECT: Creating Collective Freedom by Understanding the Intersection of White Supremacy and Diet Culture

Health/Memoir | **Tiny Reparations Books Hardcover** | March 2023 | **UK & Translation Rights**

Agent: Wendy Sherman @ Wendy Sherman Associates | **Editor: Jill Schwartzman**

Status: manuscript available in June 2022



From [Instagram influencer Chrissy King](#), an exciting, genre-redefining narrative mix of memoir, inspiration, and specific exercises and prompts, weaving in urgent, timely messages about social and racial justice and how they intersect with the fitness and wellness community.

[Chrissy King](#) is a writer, speaker, strength coach, and educator with a passion for creating a diverse and inclusive wellness industry. She empowers individuals to stop shrinking, start taking up space and use their energy to create their specific magic in the world. With degrees in Social Justice and Sociology from Marquette University, Chrissy merges her passion for Social Justice and her passion for fitness to empower individuals within the fitness and wellness industry to create spaces that allow individuals from all backgrounds to feel seen, welcome, respected and celebrated.



Reid, Jordan & Erin Williams

THE BIG JOURNAL FOR PREGNANT PEOPLE

Humor/Journal | TarcherPerigee Trade Paperback | May 2023 | UK &

Translation Rights

Agent: Kim Perel @ Irene Goodman Agency; Paul Lucas @ Janklow & Nesbit | **Editor:**

Nina Shield

Status: manuscript available in August 2022



Right at this very moment, you’re growing a tiny life in your body, and with that life-growing comes a lot of feelings—some beautiful, some exhilarating, and some straight-up ridiculous. You have a lot on your mind, and with THE BIG JOURNAL FOR PREGNANT PEOPLE, you can record all the ups, downs, and in-betweens. With playful prompts, brilliant quotes, pregnancy facts, straight-talking advice, and plenty of space to draw, this is a must-have for anyone who wants to take some time to themselves before that future arrival changes, well, everything.

Jordan Reid is the founding editor of the lifestyle blog, [Ramshackle Glam](#), and the author of several titles, including the [Big Activity Book series](#). Her work has appeared in Mashable, BuzzFeed, Newsweek, and Bustle, among other national media outlets. She lives in California with her two children. **Erin Williams** is the author and illustrator of five books, including [Commute](#) (Abrams, 2019) and the [Big Activity Book series](#). Her work as appeared in *MoMA Magazine*, *The Believer*, *Salon*, and *Synopsis*, among other publications. She lives in Westchester with her spouse and daughter.

Rights for The Big Activity Book for Pregnant People sold to:

UK & C – Orion

French – Hachette Livre

Dutch – BBNC Uitgevers

Polish – Foksal

MEMOIR & BIOGRAPHY



Holt, Brianna

IN OUR SHOES

Memoir-in-Essays | **Plume Trade Paperback** | March 2023 | UK & Translation Rights

Agent: Sarah Burnes @ The Gernert Company | **Editor: Amber Oliver**

Status: manuscript available in July 2022



A memoir-in-essays about black millennial women and the stereotypes and preconceived notions they are expected to live up to, examined through the lens of Brianna’s lived experience and pop culture to help readers unlearn their biases and expand their worldviews. In ten thoughtful chapters laced with searing commentary, reporting, personal anecdotes from Brianna’s own life and interviews conducted with “everyday” Black women, IN OUR SHOES hopes to illuminate readers on the complexities of existence for Black women and create a digestible, thought-provoking book that will help readers to learn, empathize, reflect, and act. IN OUR SHOES is a timely exploration of race and womanhood that entertains and informs.

Brianna Holt is an author, writer, and reporter living in New York City. She mostly writes about music, identity, and culture. Brianna’s writing has been published in [The New York Times](#), [The Guardian](#), [Rolling Stone](#), [GQ](#), [The Cut](#), [The Atlantic](#), [Complex](#), and more, including her own column, [Active Voice](#), through Medium’s [GEN](#). She has worked as a staff writer and editor at BuzzFeed, Quartz, The Daily Dot, and Verizon Media’s In The Know. IN OUR SHOES is her first book.



Linden, Des

CHOOSING TO RUN: A Memoir

Memoir | **Dutton Hardcover** | April 2023 | **UK & Translation Rights**

Agent: Anna Petkovich & Sarah Passick @ Park & Fine | **Editor: Jill Schwartzman**

Status: manuscript available in July 2022



DUTTON

An inspirational memoir from Olympian and Boston Marathon winner Des Linden, telling her personal story, but also motivating others to live their best lives by creating a supportive personal and professional team, building their own personal business model and brand, and, of course, accomplishing their biggest goals and dreams in work and life, not just when they're starting but when things get tough and they're "closing the final 10K."

[Des Linden](#) grew up in San Diego, California, graduated from Arizona State University, and has been a professional runner since 2006. She is a two-time Olympian, won the Boston Marathon in 2018, and currently holds the women's 50K world record. A bourbon and coffee aficionado, she currently lives with her husband, Ryan, in Michigan.



McFadden, Bernice

FIRST BORN GIRLS

Memoir | **Dutton Hardcover** | June 2023 | **Translation Rights**

Agent: Melissa Danaczko @ Stuart Krichevsky Literary | **Editor: Maya Ziv**

Status: manuscript available in August 2022



DUTTON

FIRST BORN GIRLS is a memoir about three generations of Black women in America, the impact of inherited trauma and family secrets, and the insistent demands of love between mother and daughter, by the award-winning and beloved author, Bernice McFadden.

[Bernice McFadden](#) is the author of nine critically acclaimed novels including [Sugar](#) (Dutton, 2000), *This Bitter Earth* (Dutton, 2002), *Gathering of Waters* (a *New York Times* Editors' Choice and one of the 100 Notable Books of 2012) (Akashic Books, 2012), and *Glorious* (Akashic Books, 2020), which was featured in *O, The Oprah Magazine* and was a finalist for the NAACP Image Award. She is a three-time Hurston/Wright Legacy Award finalist, as well as the recipient of three awards from the BCALA. *Sugar* was a recent Richard & Judy pick in the UK.

Rights sold to:

UK & C – Vintage UK

Publishers of Sugar:

UK & C – Vintage UK

Portuguese in Portugal – Republicacao

Turkish – Pozitif



Nance, Sarafina
STARSTRUCK

Memoir | **Dutton Hardcover** | June 2023 | **UK Rights**
Agent: Melissa Danaczko @ Stuart Krichevsky Literary | **Editor: Jill Schwartzman**
Status: manuscript available in September 2022



DUTTON

As a child, Sarafina Nance spent nearly every evening with her father, gazing up at the flickering stars and pondering what secrets the night sky held. She dreamt of becoming an astronomist from this early age but was told that girls just weren't cut out for math and science. In *STARSTRUCK*, Nance tells her compelling story of learned persistence, capturing both the wonders of the universe and the more earthbound obstacles of misogyny, racism, anxiety and self-doubt that she faced on the journey of becoming a scientist. The strategies and mindset that she developed to thrive are not only applicable to her career in Astrophysics, but directly carry into other areas of life.

Sarafina Nance is an Egyptian-American astrophysicist, advocate, writer, speaker, and science communicator, studying Supernovae at the University of California at Berkeley. She was selected as one of the Arab American Foundation's 40 under 40, is the author of the children's book [Little Leonardo's Fascinating World of Astronomy](#) (Gibbs Smith, 2021), and hosts the astronomy show *Constellations* by Seeker. She has also embarked on an initiative with St. Jude to raise funds for pediatric cancers while competing for a chance to go aboard the SpaceX Falcon 9 rocket by sharing her story on social media, where her work has earned her [well over 130,000 Twitter followers](#).



Porizkova, Paulina
NO FILTER

Autobiography/Feminism | **The Open Field Hardcover** | November 2022 | **UK & Translation Rights**
Agent: Marly Rusoff @ Marly Rusoff Literary | **Editor: Amy Sun**
Status: manuscript available in June 2022

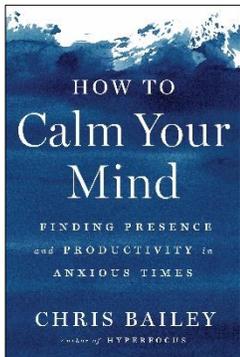


THE OPEN FIELD

In *NO FILTER*, writer and former model Paulina Porizkova pens a series of intimate, introspective, and enlightening essays about the complexities of womanhood at every age, pulling back the glossy magazine cover and writing from the heart. This wise and compelling exploration of heartbreak, grief, beauty, relationships, aging, re-inventions, and finding your purpose bares Porizkova's soul and shares lessons she's learned—often the hard way.

Paulina Porizkova is a Czechoslovak-born writer. A former model, she was the first Central European woman to appear on the cover of the *Sports Illustrated* Swimsuit Issue in 1984. In 1988 she became one of the highest-paid models in the world as the face of Estee Lauder. She has starred in 16 movies and a slew of TV shows as an actress, and she has served as part of the judging panel on Cycle 10 of *America's Next Top Model*. Her debut novel, [A Model Summer](#), was published by Hyperion in 2007. [This is her nonfiction debut](#).

PARENTING, SELF-HELP



Bailey, Christopher

HOW TO CALM YOUR MIND: Finding Presence and Productivity in Anxious Times

Self-Help/Stress | Penguin Life Hardcover | December 2022 | Translation Rights

Agent: Lucinda Blumenfeld @ Lucinda Literary | Editor: Rick Kot

Status: manuscript available in May 2022



When productivity expert Chris Bailey discovered that he had become stressed and burnt out because he was pushing himself too hard, he realized that he had no right to be giving advice on productivity without learning when and how to rein things in and take a break. Productivity advice works, but it's just as important that we also develop our capacity for calm. HOW TO CALM YOUR MIND is a toolkit of accessible, science-backed strategies that reveal that the path to a less anxious

life, and even greater productivity, runs directly through calm.

Christopher Bailey has been intensively researching and experimenting with productivity since he was a young teenager, in an effort to discover how to become as productive as humanly possible. He has written hundreds of articles on the subject, and has garnered coverage in media as diverse as [The New York Times](#), [Harvard Business Review](#), [TED](#), [Fast Company](#), and [Lifehacker](#). The author of [The Productivity Project](#) (Crown, 2016) and [Hyperfocus](#) (Viking, 2018), he lives in Kingston, Canada.

Rights sold to:

UK & C – Macmillan

Publishers of *Hyperfocus*:

UK & C – Macmillan

Arabic – Jarir

Comp. Chinese – Commonwealth Pub.

Czech – Grada

Dutch – Uitgeverij Business Contact

German – Redline

Gujarati – Manjul

Hindi – Manjul

Korean – MID

Malayalam – Manjul

Marathi – Manjul

Port. in Brazil – Saraiva

Port. in Portugal – Almedina

Romanian – Lifestyle

Russian – Alpina

Simp. Chinese – Beijing Xiron

Spanish - Reverte

Tamil – Manjul

Telugu – Manjul

Thai – Se-Education

Turkish – Saltokur

Vietnamese – Saigon Books



Barlettano, Nicole

TRACK YOUR LIFE: Everyday Tracking Pages to Chart Your Progress and Celebrate Your Wins

Self-Help/Journal | TarcherPerigee Trade Paperback | May 2023 | UK & Translation Rights

Agent: c/o TarcherPerigee | Editor: Marian Lizzi

Status: manuscript available in August 2022



Every day, you're making progress towards your goals—big and small. Track it all in this beautifully illustrated and cleverly designed journal. From staying hydrated to meeting your financial goals, and everything in between, you'll color and chart your way as you stay on track. Pages include reading and binge-watching, budgeting and spending, travel planning and packing, mood and sleep habits, meal planning, volunteering, project planning, and more—along with pages you can customize for any purpose you like. Turn your to-do lists into colorful can-do pages with this creative and motivating tool for keeping your life on track.

Nicole Barlettano is a lifelong artist who shares her creative journaling, illustrations, and tutorials with her online community, who know her as [@plansthatblossom](#). Currently Art Director at Zinnia, a journaling and planning app from Pixite, she is also the author of [My Life in Lists](#) (Crestline, 2019).



Chernoff, Marc and Angel Chernoff

THE GOOD MORNING JOURNAL: Powerful Prompts and Reflections to Start Every Day
Self-Help/Journal | TarcherPerigee Trade Paperback | April 2023 | UK & Translation Rights



Agent: Rick Richter @Aevitas Creative Management | Editor: Marian Lizzi
Status: manuscript available in July 2022

Millions of readers turn to Marc and Angel Chernoff for their wise, hopeful, and heart-filled insights on navigating life's ups and downs with grace and hope. In their first-ever guided journal, they share daily prompts to start each day right. The perfect way to build a daily habit of gratitude, acceptance, and focus, this journal will become a trusted companion for moving forward, no matter where you are in your journey—and no matter what life throws your way.

Marc and Angel Chernoff are the *New York Times* bestselling authors of [Getting Back to Happy](#) (TarcherPerigee, 2018), as well as [1000+ Little Things Happy Successful People Do Differently](#) (TarcherPerigee, 2019) and [1000+ Little Habits of Happy, Successful Relationships](#) (TarcherPerigee, 2021). Through their blog, [Marc & Angel Hack Life](#), as well as their professional coaching, podcast, live events, and courses, they've spent the past decade writing about and teaching proven strategies for finding lasting happiness, success, love, and peace. The Chernoffs live in Florida with their young son.

Publishers of 1000+ Little Habits of Happy, Successful Relationships:

Arabic – Jarir
Russian – Eksmo



Kramer, Stephanie

CARRY STRONG

Parenting | Penguin Life Trade Paperback | June 2023 | UK & Translation Rights

Agent: Duvall Osteen @ Aragi, Inc. | Editor: Meg Leder
Status: manuscript available in September 2022



A manifesto that not only normalizes pregnancy and work, but also celebrates it, CARRY STRONG is both a guidebook on being pregnant at work, and a comprehensive research-driven conversation about supporting and retaining women at the most pivotal points in their careers, through their pregnancies and beyond. By seeking to change the narrative on pregnancy and work and in sharing the stories of expert contributors, CARRY STRONG will help unburden women who often begin unconsciously planning their careers around their fertility, flipping the script on a cultural constant. Ultimately, it will help readers reframe pregnancy so that it's seen as part of an entire career trajectory, rather than something to get through. CARRY STRONG is not about powering through pregnancy at work. It is about being pregnant at work, powerful.

Stephanie Kramer is a Global General Manager at L'Oreal, [Adjunct Professor of Communications at FIT](#), and the Mother of Two.



Lakshmin, MD, Pooja

EMPOWERED: Free Yourself from the Tyranny of Self-Care and Build True Well-Being

Self-Help/Success | **Penguin Life Hardcover** | March 2023 | **UK & Translation Rights**

Agent: Rachel Sussman @ Chalberg & Sussman LLC | **Editor: Meg Leder**

Status: proposal available; manuscript available in June 2022



EMPOWERED offers a much-needed new framework for how we think about, talk about, and practice self-care. Drawing on her clinical practice treating women suffering from disconnection, burnout, and disillusionment, as well as the latest psychological, sociological, and cognitive science research on well-being, Dr. Pooja Lakshmin shows that quick fix self-care doesn't provide lasting psychological benefits, but it does place the burden of wellness on women and prevents real self-care practices that foster both self-connection and a sense of empowerment to change your life. The book's first part argues that in a patriarchal culture that places impossible and contradictory standards on women, reaching for an easy self-care solution is understandable. But these breezy fixes, performed without introspection, are nothing more than ineffective coping mechanisms. The remaining two thirds of the book present a bold new vision for an authentic, compassionate self-care practice based on the principles honed in Dr. Lakshmin's psychiatric practice.

Dr. Pooja Lakshmin, MD, is a board-certified psychiatrist, a nationally recognized expert on women's mental health and perinatal psychiatry, and a frequent contributor to [The New York Times parenting section](#). Dr. Lakshmin's advice has been featured in [Glamour](#), [Marie Claire](#), [Self](#), [Shape](#), [Harper's Bazaar](#), and [Bustle](#), and she has appeared on [The Drew Barrymore Show](#), the [Kojo Nnamdi show](#), and [WNYC Studio's The Takeaway](#). She will also appear as an expert in an upcoming Hello Sunshine documentary based on Eve Rodsky's *New York Times* bestseller *Fair Play* and produced by Jennifer Siebel Newsom. A member of several professional associations, including the International Marcé Society for Perinatal Mental Health and the International Association for Women's Mental Health, she frequently presents her work at national and international meetings. In her private practice, Dr. Lakshmin treats women dealing with the issues covered in EMPOWERED.

Rights sold to:

UK & C – Cornerstone

Dutch – Spectrum

Russian – Alpina



Lin Hering, Elaine
UNLEARNING SILENCE

Self-Help/Psychology | **Penguin Life Hardcover** | Winter 2024 | **Translation Rights**
Agent: Rachel Ekstrom @ Folio Literary Agency | **Editor: Meg Leder**
Status: manuscript available in Winter 2023



There has been much talk of “having a seat at the table” and “using your voice”—especially in DEI initiatives in the corporate world. But having a seat at the table doesn’t mean that your voice is actually welcome, and in fact, there are incentives for many of us to stay silent. Why speak up if you know that it won’t be received, and even often makes things worse? For everyone who has been silenced and who suspects or knows they have silenced others, UNLEARNING SILENCE explores how we’ve learned to be silent, how we’ve benefited from silence, how we’ve silenced others—and how we might choose another way. Elaine Lin Hering teaches how to recognize and unlearn unconscious patterns so we can make more intentional choices about how we want to show up in business and in life. Only by unlearning silence can we more fully unleash talent, speak our minds, and be more complete versions of ourselves, and help others do the same.

Elaine Lin Hering is a facilitator, lecturer, speaker, and writer. As [Managing Partner of Triad Consulting Group](#), she works with corporate leaders to diagnose challenges and build management capacity in negotiation, influence, and conflict management skills. In her career, Elaine has worked on six continents and with a wide range of clients in corporate, government, and nonprofit organizations. She has trained political officials, union leaders, instructors at military academies and educated leaders at Fortune 500 companies including American Express, Capital One, Google, Merck, Nike, Shell, Pixar, the Red Cross, and Workday. In addition to her work at Triad, Elaine is also a [Lecturer on Law at Harvard Law School](#), specializing in dispute resolution, mediation, and negotiation. She has facilitated executive education programs at Harvard, Dartmouth, UC Berkeley, UCLA and Tufts, as well as served as the Advanced Training Director for the Harvard Mediation Program. Prior to joining the faculty at Harvard, Elaine taught negotiation and mediation at Monash Law School in Melbourne, Australia and was a Senior Consultant for Conflict Management Australasia, helping them expand their practice in the region. She is a graduate of Harvard Law School.

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Romanian – Lifestyle
Simplified Chinese – CITIC

Spanish – PRH Spain/Conecta



Loftus, Devon
DWELL: Creative Writing and Journal Prompts to Help Feel, Process, and Celebrate Our Emotions

Self-Help/Journal | **TarcherPerigee Trade Paperback** | April 2023 | **UK & Translation Rights**
Agent: Michelle Tessler @ Tessler Literary Agency | **Editor: Sara Carder**
Status: manuscript available in August 2022



DWELL is a marvelous journey through landscapes of human emotion, providing readers with journaling prompts to help them embrace the full range of their feelings. In poetic essays that serve as inspiration, Loftus personifies over 50 emotions—Playfulness, a redhead with 3 freckles on her right cheek only her closest friends notice; or Love, who slowly brings every person she passes on the street to life—to encourage readers to sit down with their emotions in a creative and curious way. DWELL is an invaluable tool for readers seeking greater self-understanding and contentment.

Devon Loftus is a writer, author and CEO/founder of [Moon Cycle Bakery](#), a hormone supportive food delivery service assisting people during their cycle, encouraging holistic health, and empowering others to redefine and reclaim their well-being. Devon’s creative writing courses and workshops guide people through the practice of personifying their emotions. She has her BA in creative writing and is a Positive Psychology Practitioner.



Lowry, Erin
BROKE MILLENNIAL TAKES CONTROL: A Workbook to Get Your Financial Life Together
 Self-Help/Personal Finance | TarcherPerigee Trade Paperback | May 2023 | UK &
Translation Rights
 Agent: Eric Myers @ Myers Literary Management | Editor: Lauren Appleton
 Status: manuscript available in August 2022



Erin Lowry’s *Broke Millennial* series has been helping people get their financial lives in order for years, and now readers can roll up their sleeves and work out their finances in this practical and endlessly useful workbook. From working out the correct amount you need in your emergency fund to writing out scripts to discussing “taboo” money topics with family and friends, this book covers every nook and cranny of your financial landscape.

[Erin Lowry](#) is the author of [Broke Millennial](#) (TarcherPerigee, 2017), [Broke Millennial Takes on Investing](#) (TarcherPerigee, 2019), and [Broke Millennial Talks Money](#) (TarcherPerigee, 2020). She’s been featured in [The New York Times](#) and [The Wall Street Journal](#), and on [CBS Sunday Morning](#), [CNBC](#), and [Cheddar](#). She has written for [USA Today](#), [Cosmopolitan](#), and [Refinery29](#). Lowry also regularly speaks at universities and conferences around the country. She spent most of her childhood living in Asia but is now settled New York City with her husband.

Publisher of Broke Millennial Talks Money:
 Vietnamese – R Books



Marsh, Jeffrey
TAKE YOUR OWN ADVICE
 Self-Help/Autobiography | TarcherPerigee Trade Paperback | May 2023 | UK &
Translation Rights
 Agent: c/o TarcherPerigee | Editor: Lauren Appleton
 Status: manuscript available in August 2022



Like many of us, Jeffrey Marsh was conditioned to have an outward focus—to give to others, to be a good listener, and to be the one who gave the best advice. In Jeffrey’s case, it was a method of survival. Growing up genderfluid in a conservative family, Jeffrey did everything they could to meet the needs of others and not have needs of their own. And, ultimately, this meant Jeffrey put themselves in the back seat of their own life. In this heartfelt and sincere book, Jeffrey shares their story and the lessons they learned on the path back to themselves. Whether you’re a survivor of abuse and trauma like Jeffrey, or you’ve passively accepted that your worth ought to be defined by your usefulness to others, TAKE YOUR OWN ADVICE will give you the confidence to lead your life on your terms, and to prioritize what’s important: you.

[Jeffrey Marsh](#) is one of the world’s foremost commentators on nonbinary identity and activism in the US, with a message of positivity and inclusion and a deep knowledge of queer issues and history. Jeffrey has reported on LGBTQ topics for [TIME](#), [Variety](#), Dutch National News channel RTL-TV, NewsmaxTV, and the BBC. Jeffrey was also a Cultural Consultant on Nonbinary Identity for the Elizabeth Warren campaign, New York University, and the office of Chirlaine McCray (New York City’s former First Lady), GLAAD, MTV, Condé Nast’s *Them* and *Teen Vogue*. They have over 170K followers on [Twitter](#), 571K followers on [TikTok](#), and over 370K followers on [Instagram](#). Their spiritual and inclusive messages have received over 1 billion views on social media.

Publisher of How to Be You:
 UK & C – Profile



Nolting, Mia

SLOW NOTICING: A Journal for Drawing Your World, Inside and Out

Creativity/Journal | **TarcherPerigee Trade Paperback** | April 2023 | **UK & Translation Rights**

Agent: Elinor Vanderburg @ Illustration Division Inc. | **Editor: Marian Lizzi**

Status: manuscript available in July 2022



In the rush of everyday life, it can be hard to slow down and be present. This mindful journal prompts you to do just that. Filled with simple prompts that ask you to observe, draw, and reflect on your immediate world as it unfolds around you, this creative companion brings together mindfulness practices, art therapy principles, and simple creative fun. These playful and engaging pages will remind you to put down your phone, pick up a pen, and tune in to the only moment that matters – the one happening right now.

[Mia Nolting](#) is an illustrator, author, and art director based in Portland, Oregon. Her clients include Nike, *The New York Times*, Whole Foods, and other companies large and small.

Publisher of *Instant Journal*:

Japanese – Discover 21



Parker, Monica

THE POWER OF WONDER: The Science and Soul of an Extraordinary Emotion

Self-Help/Psychology | **TarcherPerigee Hardcover** | February 2023 | **UK Rights**

Agent: Steve Harris @ CSG Literary Partners | **Editor: Sara Carder**

Status: manuscript available in August 2022



From the first tickle of curiosity to an unexpected shift in how we perceive the world, there isn't a person who hasn't yet felt wonder. Yet the why and how of this profoundly beneficial emotion is only just beginning to be scientifically defined and explored. **THE POWER OF WONDER** takes readers on a multidisciplinary journey through psychology, neuroscience, philosophy, literature, and business to share some of the most surprising secrets behind the mechanics of wonder and guides readers in bringing more of it into their lives. Readers will learn about the components and elicitors of wonder, and how it can transform our bodies and brains. From taking a daily "awe walk" to discovering a new and all-consuming interest in something you'd never given much thought to before, this book shows readers how to become more wonder-prone and reconnect with reverence for the world and all of the fascinating people in it.

A world-renowned speaker, writer, and authority on the future of work, [Monica Parker](#) is a regularly sought-after contributor to radio, television, and written media. She spent the last ten years writing, speaking, and helping people discover how to find deeper meaning in and purpose in their work lives. The founder of global human analytics and change consultancy HATCH, advising blue chip clients such as LinkedIn, Google, Prudential, LEGO, and others on organizational change, Monica challenges corporate systems so people can be more fulfilled at work.



Patel, Meera Lee

HOW IT FEELS TO FIND YOURSELF: Embracing Change, and Growing Through It
Self-Help/Self-Esteem | **TarcherPerigee Paper-Over-Board** | March 2023 | **UK & Translation Rights**

Agent: Laurie Abkemeier @ DeFiore & Company | **Editor: Marian Lizzi**

Status: manuscript available in May 2022



In this vibrant and heartfelt collection of illustrations and essays, popular artist and author Meera Lee Patel captures the emotional experience of figuring out who we are—not just the picture-perfect moments we post online, but the whole rainbow of emotions we experience on our path from who we are now to who we’re truly meant to be. Filled with heartfelt observations, vibrant watercolor palettes, and insightful questions for deeper reflection, this book offers a guided exploration of changing relationships, letting go of what we’ve outgrown, finding your purpose, and more.

Meera Lee Patel is a self-taught artist and the author of [Start Where You Are](#) (TarcherPerigee, 2015), [Made Out of Stars](#) (TarcherPerigee, 2018), [My Friend Fear](#) (TarcherPerigee, 2018), and [Create Your Own Calm](#) (TarcherPerigee 2020). She creates work to inspire and encourage others to connect with themselves, each other, and the world around them. She lives with her husband and daughter in St. Louis, Missouri.

Publishers of Create Your Own Calm:

UK & C – Michael O’Mara Books
Arabic – Jarir

Dutch – Unieboek
Spanish – PRH Spain



Poddar, Rukmini

DRAW YOUR FEELINGS: A Creative Journal to Help Connect with Your Emotions Through Art

Self-Help/Journal | **TarcherPerigee Trade Paperback** | May 2023 | **UK & Translation Rights**

Agent: c/o TarcherPerigee | **Editor: Lauren Appleton**

Status: manuscript available in August 2022



In this mind-opening and beautifully illustrated guide, popular artist Rukmini Poddar guides you through the steps to creative self-reflection, giving your emotions a physical representation through lines, shapes, colors, and more. With exercises tailored to beginners and experts alike, readers will learn basic drawing skills and take them all the way to mapping their emotional landscape. **DRAW YOUR FEELINGS** will stretch creative muscles you didn’t know you had, and, at the end of the journey, you will transform the way you interact with yourself and the world.

Rukmini Poddar is an artist, designer, and illustrator. Her creative passion lies at the intersection of emotional wellness and creative storytelling. She is a self-proclaimed #100dayproject artist who has, since 2015, created over 500 pieces of original illustration and posted them regularly online, garnering a community [of almost 100,000 Instagram followers](#) which is only growing each day. She is the author of *100 Days of Obscure Emotions* (Blurb, 2016) and the blog [Dear Ruksi](#).



Sharp McKetta, Elisabeth

EDIT YOUR LIFE: A Roadmap for Choosing What Matters

Self-Help/Happiness | **TarcherPerigee Paper-Over-Board** | March 2023 | **UK Rights**

Agent: Sascha Alper @ Larry Weissman LLC | **Editor: Marian Lizzi**

Status: manuscript available in August 2022



In this beautiful call to examine and edit our lives, writer Elisabeth Sharp McKetta shares nine simple ways to cut through the clutter, drama, and overwhelm of modern life to live with more intention and joy. Inspired by her own experiments with reprioritizing, tiny house living, and finding the right balance of work and family time, *EDIT YOUR LIFE* brings together personal narrative and practical takeaway, with inspiring results.

[Elisabeth Sharp McKetta](#) is an award-winning author, teacher, and speaker. She is the author of nine previous books, including the writing guide, *The Creative Year* (Frog Prince Press, 2014). Her shorter writings have appeared in *Real Simple*, *The Poetry Review*, *Mid-American Review*, *Literary Mama*, and elsewhere. Since 2012, she has taught writing at Harvard Extension School, where she won the 2018 James E. Conway Excellence in Teaching Writing Award. She currently lives with her family in Cornwall, England.



Taylor, Lauren R. and Nadia Telsey

EMPOWERED: A Practical Guide to Thrive, Heal, and Embrace Your Confidence in a Sexist World

Self-Help | **TarcherPerigee Trade Paperback** | May 2023 | **UK & Translation Rights**

Agent: Elaine Spencer @ The Knight Agency | **Editor: Lauren Appleton**

Status: manuscript available in August 2022



While the #MeToo movement has swept the world, shining a light on all-too-prevalent instances of harassment, assault, and rape in homes and business, women and female-identifying people still have the same worries: is it safe to walk alone at night? To put down a drink at a bar? To say what you really mean? In this powerhouse book, Lauren R. Taylor and Nadia Telsey use practical examples, experiments, and interactive exercises to help readers identify their voice and learn how to use it safely. Whether you're looking for ways to stand up for yourself, are a victim, or you're hoping to be an ally, this book will give you the tools you need to recognize flawed gender dynamics and how to fix them in your own life.

[Lauren R. Taylor](#) has been working to end gender-based violence since 1978, when she co-founded Washington, DC's first shelter for abused women and their children. As an empowerment self-defense teacher, she's delivered more than 1500 classes and workshops to more than 30,000 people, primarily in the DC area. Lauren's work has been featured in [The Washington Post](#), [Self](#), [Huffington Post](#), and on [National Public Radio](#), [Upworthy](#), [Quartz](#), and [Mic](#). [Nadia Telsey](#) pioneered the field of verbal and emotional (as opposed to solely physical) self-defense, beginning with the founding of a feminist self-defense organization in Brooklyn, NY, in 1979. She taught empowerment self-defense at the University of Oregon from 1989 to 2007 and served on the Oregon Attorney General's Sexual Assault Task Force. Many of her students have gone on to teach empowerment self-defense all around the US.



Volf, Miroslav, Ryan McAnnally-Linz and Matthew Croasmun

LIFE WORTH LIVING: A Guide to What Matters Most

Self-Help/Inspirational | **The Open Field Hardcover** | March 2023 | **Translation Rights**

Agent: Alice Martell @ The Martell Agency | **Editor: Meg Leder**

Status: manuscript available in August 2022



What makes a good life? The question is inherent to the human condition, asked by people across generations, professions, and social classes, and addressed by all schools of philosophy and religions. This search for meaning, as Yale professors Miroslav Volf, Matthew Croasmun, and Ryan McAnnally-Linz argue, is at the crux of a crisis that is facing our culture, a crisis which, they propose, can be ameliorated by searching, in one's own life, for the underlying truth. In *LIFE WORTH LIVING*, named after its authors' highly-sought-after undergraduate course, Volf, Croasmun, and McAnnally-Linz chart out this question, providing the reader with jumping-off points, roadmaps, and habits of reflection for figuring out where their lives hold meaning, and where things need to change.

Miroslav Volf, Matthew Croasmun, and Ryan McAnnally-Linz teach *Life Worth Living*, the most-in demand course in Yale's Humanities program. Students describe the course as life-changing, and preliminary analyses by an outside researcher show how strongly significant effects of the course on students' satisfaction with life and sense of meaning in life. **Volf** is the Henry B. Wright Professor of Theology at Yale Divinity School and Director of the Yale Center for Faith & Culture. A leading religious public intellectual, he's written over a dozen books, including [Exclusion and Embrace](#) (Abingdon, 2019), which won the 2002 Grawemeyer Award. **Croasmun** is the Director of the *Life Worth Living* program, Lecturer in Humanities at Yale College, and Faith Initiative Director at Grace Farms Foundation. He is the author of [The Emergence of Sin](#) (Oxford University Press, 2017) and [Let Me Ask You a Question](#) (Upper Room, 2018), as well as co-author with Volf of [For the Life of the World](#) (Brazos, 2019). **McAnnally-Linz** is the Associate Director of the Yale Center for Faith & Culture. He is co-author with Volf of [Public Faith in Action](#) (Brazos, 2016).

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